Network Systems Science & Advanced Computing

Biocomplexity Institute & Initiative

University of Virginia

Estimation of COVID-19 Impact in Virginia

August 12th, 2020

(data current to August 11th)
Biocomplexity Institute Technical report: TR 2020-098



BIOCOMPLEXITY INSTITUTE

biocomplexity.virginia.edu

About Us

- Biocomplexity Institute at the University of Virginia
 - Using big data and simulations to understand massively interactive systems and solve societal problems
- Over 20 years of crafting and analyzing infectious disease models
 - Pandemic response for Influenza, Ebola, Zika, and others



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Overview

• Goal: Understand impact of COVID-19 mitigations in Virginia

Approach:

- Calibrate explanatory mechanistic model to observed cases
- Project infections through the end of summer
- Consider a range of possible mitigation effects in "what-if" scenarios

Outcomes:

- Ill, Confirmed, Hospitalized, ICU, Ventilated, Death
- Geographic spread over time, case counts, healthcare burdens



Key Takeaways

Projecting future cases precisely is impossible and unnecessary. Even without perfect projections, we can confidently draw conclusions:

- · Most districts with recent surging growth seem to be slowing; incidence is still high.
- Similar signs of slowed growth and declines evident across nation.
- Given the experience of other states in the nation, it is crucial to maintain control.
- Recent model updates:
 - Transitioned to using Adaptive Fitting projection approach
 - Added scenarios for anticipating impact of seasonal effects
 - Extend projection horizon to Nov 1
- The situation is changing rapidly. Models will be updated regularly.



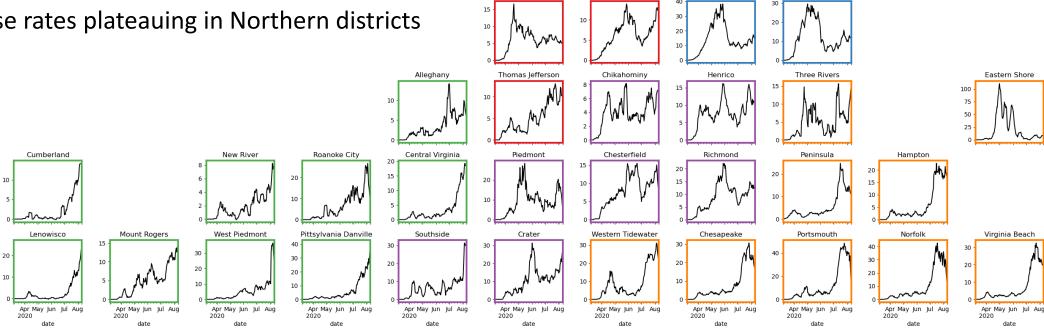
Situation Assessment



Case Rate (per 100k) by VDH District

Mixed bag of case growth across districts

- Many Eastern districts have slowed after several weeks of surge
- Southwest districts continue to surge
- Case rates plateauing in Northern districts

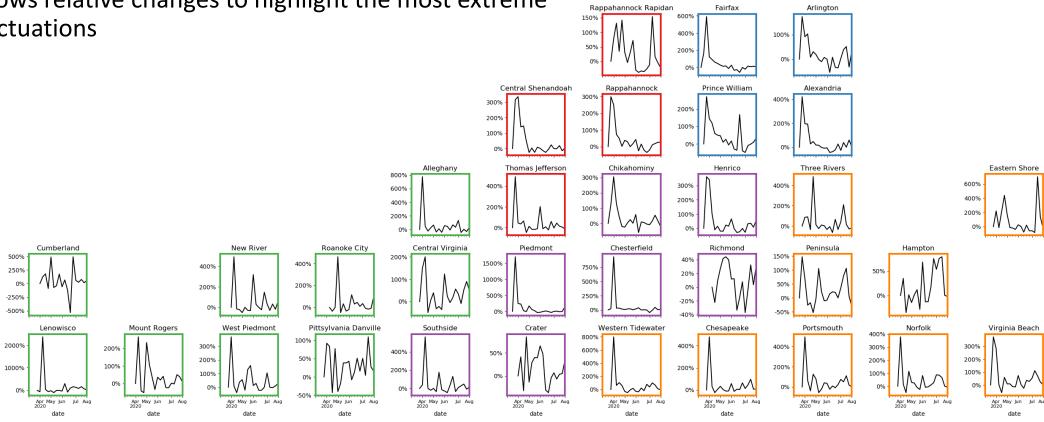




Percent Change of Case Rate by VDH District

Weekly changes in mean case rate by district

 Shows relative changes to highlight the most extreme fluctuations

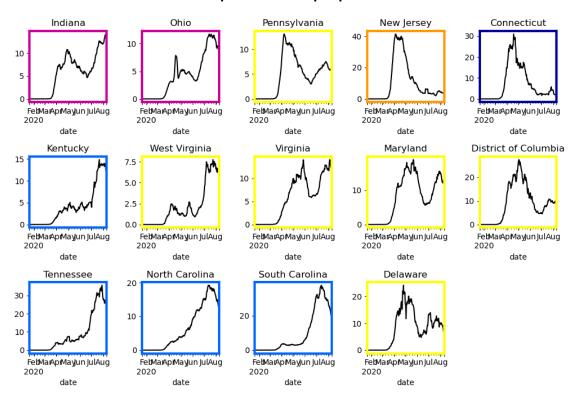


300% 200%



Other State Comparisons

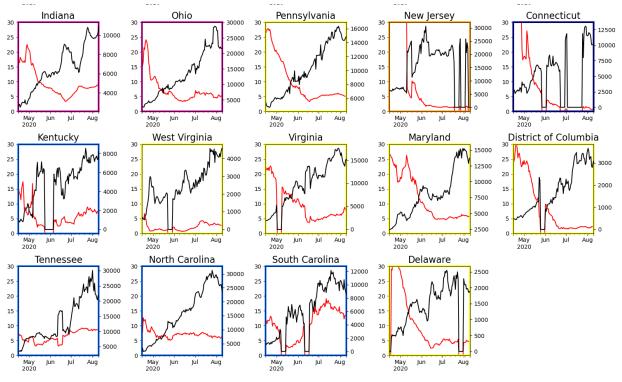
Case Rate per 100K population



Multiple states experiencing local 'peak' in case rates in

Current data shows plateau or initial decline in case rates

Tests per Day and Test Positivity



- Test positivity rates hovering around 5-10% for most neighboring states despite increased testing levels
- Mixed Trends, both increasing and decreasing

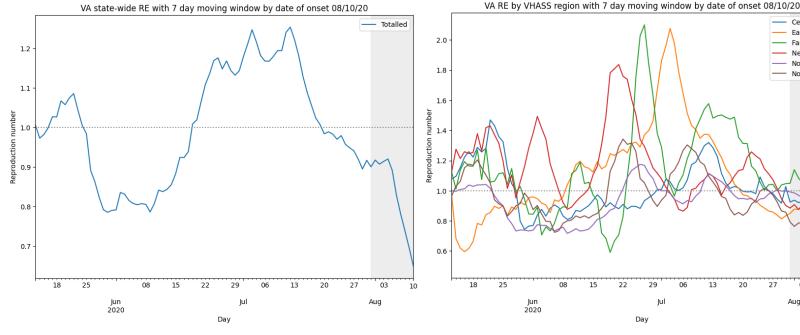


the past 2 weeks

Estimating Daily Reproductive Number

August 1st Estimates

Region	Current R _e	Diff Last Week	
State-wide	0.917	0.008	
Central	0.937	0.030	
Eastern	0.878	0.017	
Far SW	1.139	0.199	
Near SW	0.908	-0.266	
Northern	0.985	0.102	
Northwest	0.763	-0.212	



Methodology

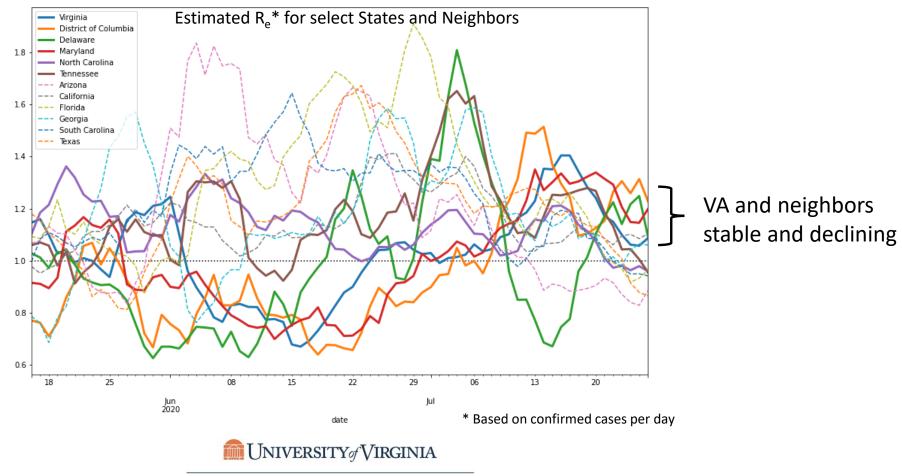
- Wallinga-Teunis method (EpiEstim¹) for cases by date of onset
- Serial interval: 6 days (2 day std dev)
- Recent estimates may be unstable due to backfill

Aug

Other State Comparisons

Multiple states with R_e in the 1-1.2 range

- Recent national hotspots such as AZ, CA, TX, FL are decreasing
- Some neighboring states are trending down or remaining stable

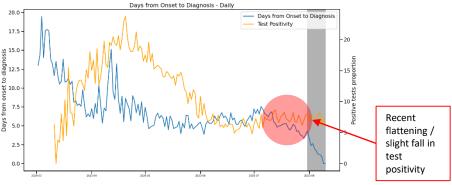


Changes in Case Detection

Days to Diagnosis dropped but rebounding

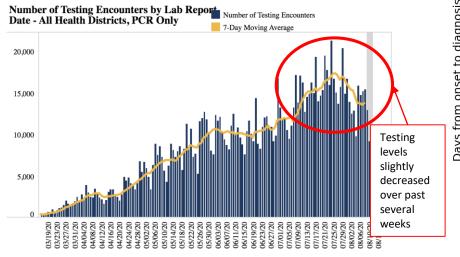
- Mid March to Late April = 8.1 days
- Late April to Late May = 5.7 days (30% lower)
- Late May to Late June = 5.5 days (32% lower)
- Early July to late July = 6.1 days (24% lower)

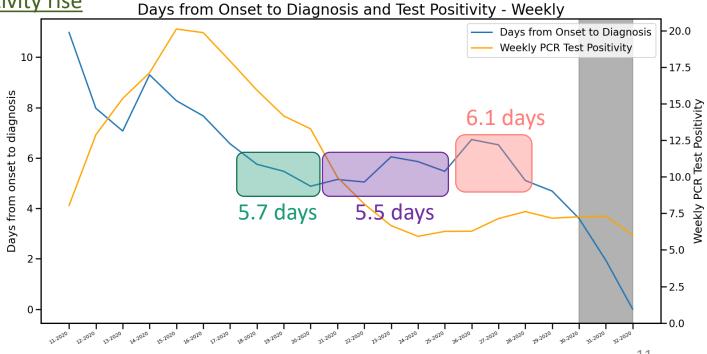
Test positivity vs. Onset to Diagnosis



Rising level during weeks of test positivity rise

Testing Encounters and test positivity have steadied and increased

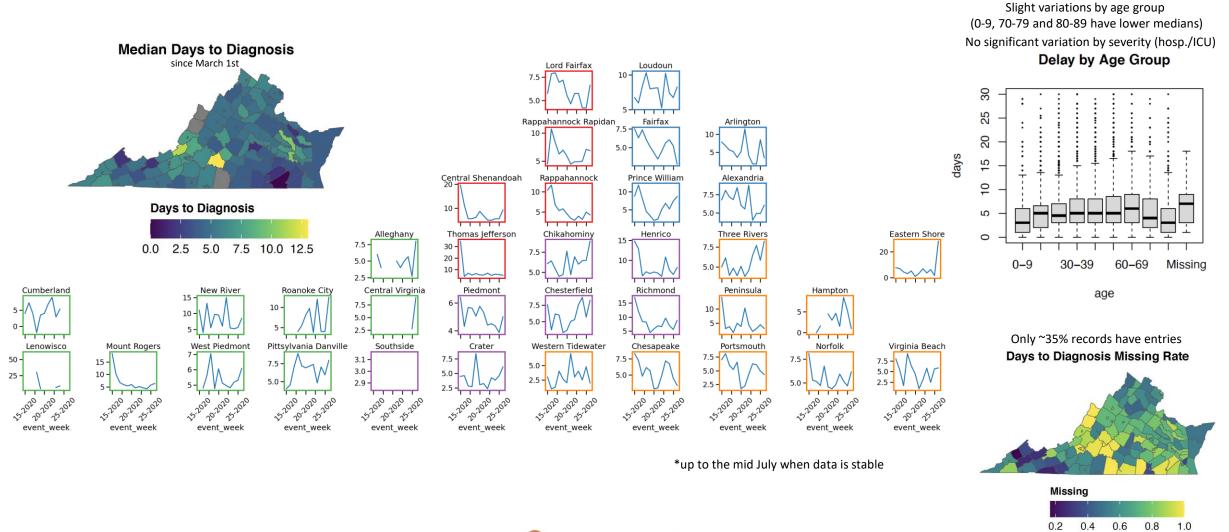




Weeks (WW-YYYY)

Accessed 9am August 12, 2020 https://www.vdh.virginia.gov/coronavirus/

Changes in Case Detection – By District/Age

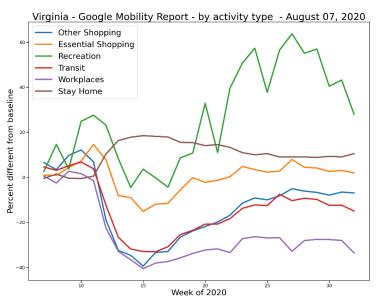


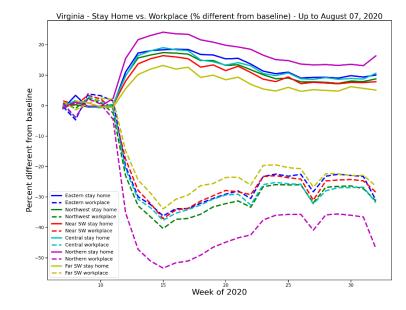
Estimating Effects of Social Distancing

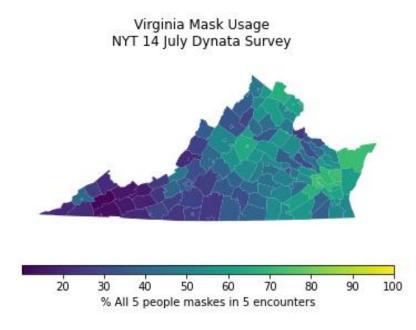
Google Mobility data shows continued slow rebound (as of July 26th)

https://www.google.com/covid19/mobility/

- Continued slow reduction of those staying at home. Workplace levels remain low.
 - Urban/Rural variations in levels (e.g., Northern vs Far SW)
- Essential shopping back to baseline. Other shopping/transit trending towards baseline.
- Parks and recreation significantly higher than baseline (seasonal effects).
- Masks usage not evenly distributed, higher in Northern central, lower Southwest and Richmond area







Surges Still Significant but Slowing

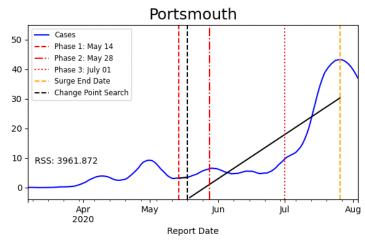
Resurgence: Past month marked by rapid increase in cases in much of the nation, and across Virginia

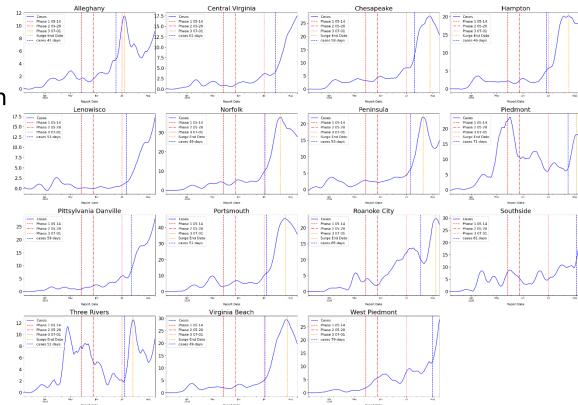
- Most surging locations have plateaued or even begun to recede
- Incidence remains high, deaths and hospitalizations have some lag time and continue to be high

Surge Detection:

Continue to evaluate when and where surges are occurring

 Determine surging districts and timing with "hockey stick" fit



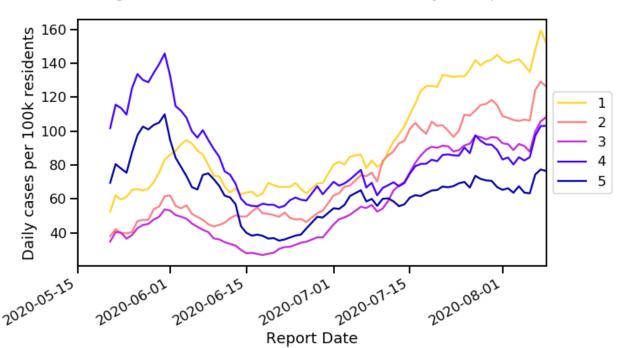


15 districts: Compared to 13 last week
Most are experiencing initial plateaus or declines
In: Southside, Lenowisco, Pittsylvania Danville, West Piedmont
Out: Western Tidewater, Henrico, Prince William

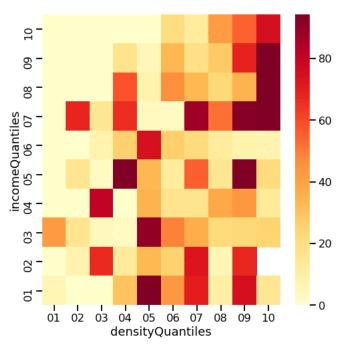


Impact across Density and Income

VDH 7-day moving average rate of new COVID-19 cases by zip code average household income (dollars/ household years) quantile



Mean cases per 100k by zip code population density (person/ sq mile) and average household income (dollars/ household years) quantiles 05/15/20 - 05/21/20



Lower 20% income zipcodes now reporting highest case rates

Can see the evolution from denser and wealthier zipcodes to poorer and less dense zipcodes



Model Update – Adaptive Fitting



Adaptive Fitting Approach

Each county fit precisely, with recent trends used for future projection

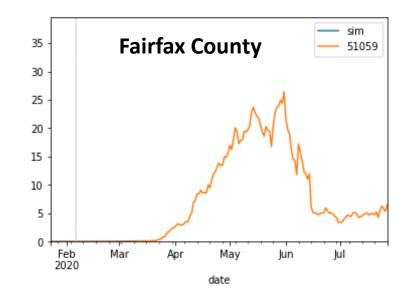
 Allows history to be precisely captured, and used to guide bounds on projections

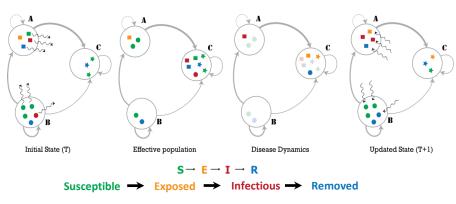
Model: An alternative use of the same meta-population model, PatchSim

- Allows for future "what-if" Scenarios to be layered on top of calibrated model
- Eliminates connectivity between patches, to allow calibration to capture the increasingly unsynchronized epidemic

External Seeding: Steady low-level importation

- Widespread pandemic eliminates sensitivity to initial conditions
- Uses steady 1 case per 10M population per day external seeding





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Calibration Approach

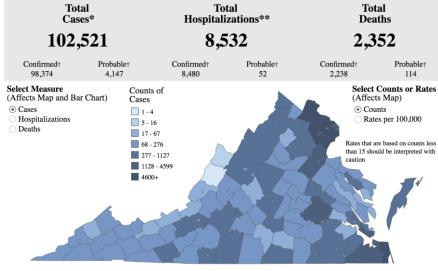
- Data:
 - County level case counts by date of onset (from VDH)
 - Confirmed cases for model fitting
- Calibration: fit model to observed data
 - Tune transmissibility across ranges of:
 - Duration of incubation (5-9 days), infectiousness (3-7 days)
 - Undocumented case rate (2x to 15x)
 - Detection delay: exposure to confirmation (4-12 days)
 - Approach captures uncertainty, but allows model to precisely track the full trajectory of the outbreak
- **Project:** future cases and outcomes using the most recent parameters with constraints learned from the history of the fit parameters
 - Last 14 day window used, informed by variances in the previous 4 weeks

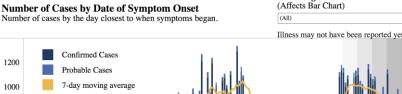


COVID-19 Cases in Virginia

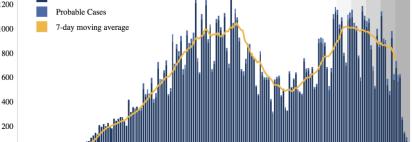


Dashboard Updated: 8/12/2020, Data entered by 5:00 PM the prior day.





Mar 1



Accessed 9am August 12, 2020 https://www.vdh.virginia.gov/coronavirus/

Select Region

Scenarios – Seasonal Effects

- Societal changes in the coming weeks may lead to an increase in transmission rates
 - Start of in-person school
 - Changes to workplace attendance
 - Seasonal impact of weather patterns
- Three scenarios provided to capture possible trajectories related to these changes starting following Labor day, Sept 7th, 2020
 - Adaptive: No change from base projection
 - Adaptive-Low: 10% increase in transmission starting Sept 8th, 2020
 - Adaptive-High: 20% increase in transmission starting Sept 8th, 2020

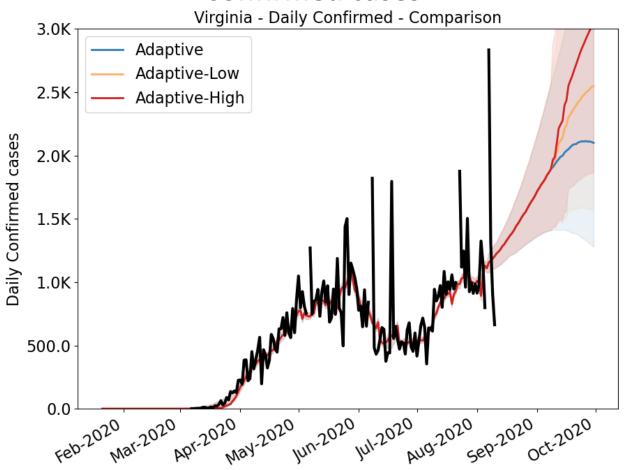


Model Results

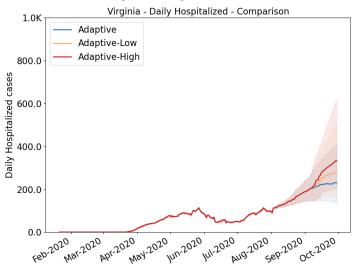


Outcome Projections

Confirmed cases

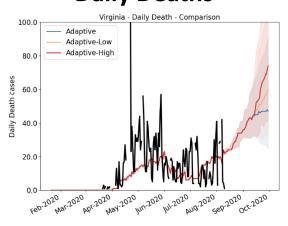


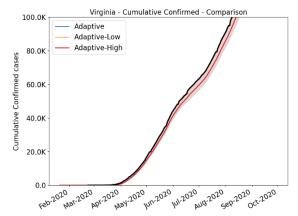
Daily Hospitalizations



Daily Deaths

Cumulative Confirmed cases





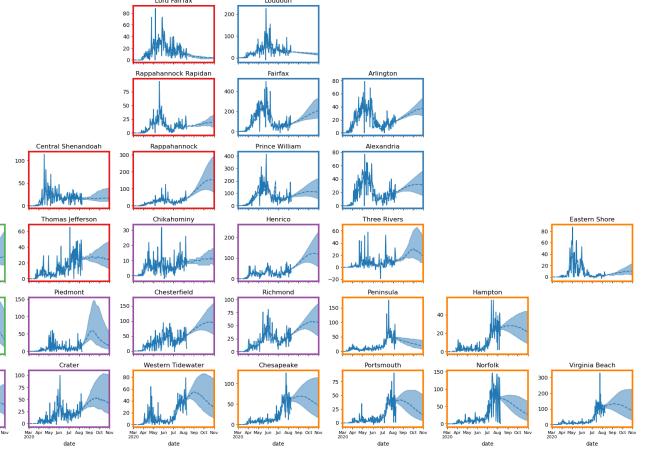
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District Level Projections: Adaptive

Adaptive projections by District

Projections that best fit recent trends

 Daily confirmed cases by Region (blue solid) with simulation colored by scenario



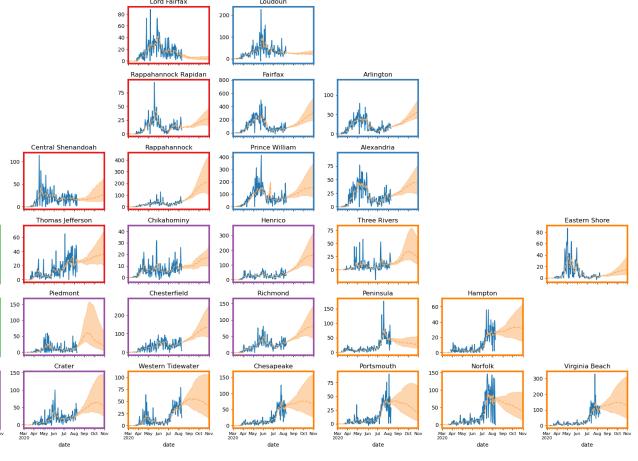


District Level Projections: Adaptive-Low

Adaptive projections by District

Projections that best fit recent trends

 Daily confirmed cases by Region (blue solid) with simulation colored by scenario





Mount Rogers

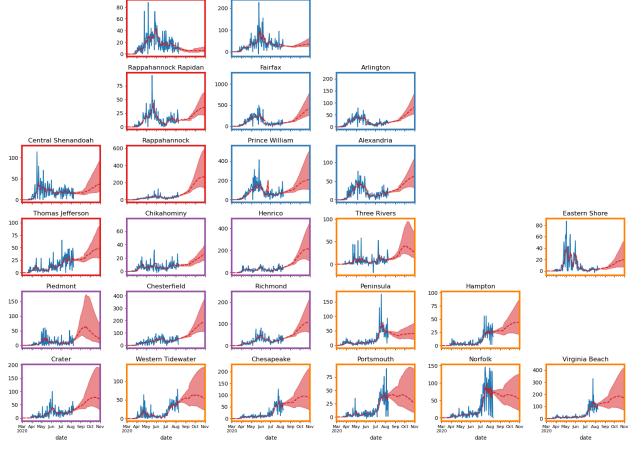
District Level Projections: Adaptive-High

Adaptive projections by District

Projections that best fit recent trends

 Daily confirmed cases by Region (blue solid) with simulation colored by scenario

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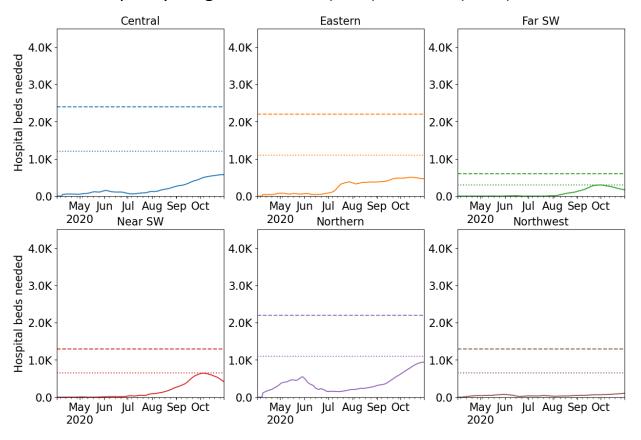




Hospital Demand and Capacity by Region

Capacities by Region – Adaptive-High

COVID-19 capacity ranges from 80% (dots) to 120% (dash) of total beds



Based on Adaptive-High scenario

- Near and Far SW may reach capacity in late Sept
- Northern and Central have increasing trend but not expected to exceed before Nov 1st
- Other regions steady and not expected to approach capacity

^{*} Assumes average length of stay of 8 days



Key Takeaways

Projecting future cases precisely is impossible and unnecessary. Even without perfect projections, we can confidently draw conclusions:

- Most districts with recent surging growth seem to be slowing; incidence is still high.
- Similar signs of slowed growth and declines evident across nation.
- Given the experience of other states in the nation, it is crucial to maintain control.
- Recent model updates:
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References

Venkatramanan, S., et al. "Optimizing spatial allocation of seasonal influenza vaccine under temporal constraints." *PLoS computational biology* 15.9 (2019): e1007111.

Arindam Fadikar, Dave Higdon, Jiangzhuo Chen, Bryan Lewis, Srinivasan Venkatramanan, and Madhav Marathe. Calibrating a stochastic, agent-based model using quantile-based emulation. SIAM/ASA Journal on Uncertainty Quantification, 6(4):1685–1706, 2018.

Adiga, Aniruddha, Srinivasan Venkatramanan, Akhil Peddireddy, et al. "Evaluating the impact of international airline suspensions on COVID-19 direct importation risk." *medRxiv* (2020)

NSSAC. PatchSim: Code for simulating the metapopulation SEIR model. https://github.com/NSSAC/PatchSim (Accessed on 04/10/2020).

Virginia Department of Health. COVID-19 in Virginia. http://www.vdh.virginia.gov/coronavirus/ (Accessed on 04/10/2020)

Biocomplexity Institute. COVID-19 Surveillance Dashboard. https://nssac.bii.virginia.edu/covid-19/dashboard/

Google. COVID-19 community mobility reports. https://www.google.com/covid19/mobility/

Cuebiq: COVID-19 Mobility insights. https://www.cuebiq.com/visitation-insights-covid19/

Biocomplexity page for data and other resources related to COVID-19: https://covid19.biocomplexity.virginia.edu/



Questions?

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Forecast by Projection Selection Previous Model Section

For consistency the BestFit based on the selection of the 8 scenarios are presented and provided in the data product, however, they will be phased out in the coming weeks

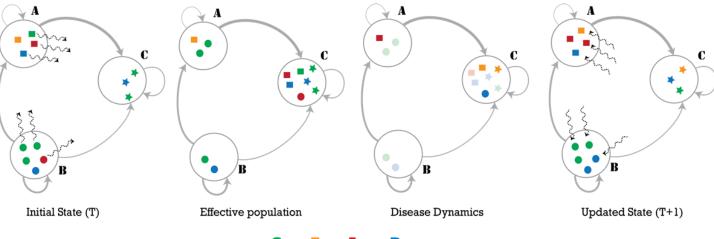


Previous Model Configuration



Simulation Engine – PatchSim

- Metapopulation model
 - Represents each population and its interactions as a single patch
 - 133 patches for Virginia counties and independent cities
- Extended SEIR disease representation
 - Includes asymptomatic infections and treatments
- Mitigations affect both disease dynamics and population interactions
- Runs fast on high-performance computers
 - Ideal for calibration and optimization







Venkatramanan, Srinivasan, et al. "Optimizing spatial allocation of seasonal influenza vaccine under temporal constraints." PLoS Computational Biology 15.9 (2019): e1007111.

Model Configuration

- Transmission: Parameters are calibrated to the observed case counts
 - Reproductive number: 2.1 2.3
 - Infectious period (time of infectiousness before full isolation): 3.3 to 5 days
- Initial infections: Start infections from confirmed cases by county
 - Timing and location based on onset of illness from VDH data
 - Assume 15% detection rate, so one confirmed case becomes ~7 initial infections
- Mitigations: Intensity of social distancing rebound and control sustaining mitigations into the future are unknowable, thus explored through 5 scenarios



Full Model Parameters

	Parameter	Values	Description
Transmission	Transmissibility (R ₀) ¹	2.2 [2.1 – 2.3]	Reproductive number
	Incubation period ¹	5 days	Time from infection to infectious
	Infectious period ¹	3.3 - 5 days	Duration of infectiousness
	Infection detection rate ³	15%	1 confirmed case becomes ~7 initial infections
	Percent asymptomatic ¹	50%	Infected individuals that don't exhibit symptoms
Resources	Onset to hospitalization ¹	5 days	Time from symptoms to hospitalization
	Hospitalization to ventilation ¹	3 days	Time from hospitalization to ventilation
	Duration hospitalized	8 days	Time spent in the hospital ⁴
	Duration ventilated ²	14 days	Time spent on a ventilator
	Percent hospitalized ¹	5.5% (~20% of confirmed)	Symptomatic individuals becoming hospitalized
	Percent in ICU ¹	20%	Hospitalized patients that require ICU
	Percent ventilated ¹	70%	ICU patients requiring ventilation
	Percent Fatality	1.35%	Symptomatic individuals who die

¹ CDC COVID-19 Modeling Team. "Best Guess" scenario. Planning Parameters for COVID-19 Outbreak Scenarios. Version: 2020-03-31.

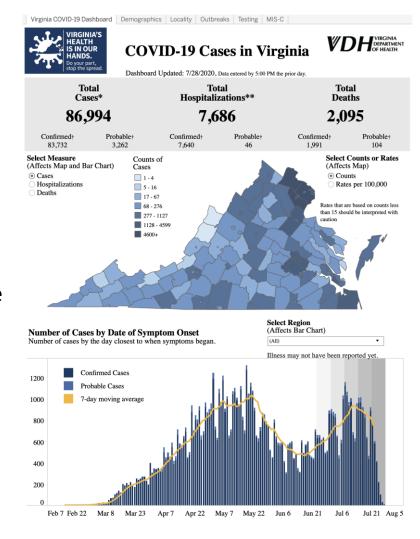
² Up-to-date. COVID-19 Critical Care Issues. https://www.uptodate.com/contents/coronavirus-disease-2019-covid-19-critical-care-issues?source=related_link (Accessed 13APRIL2020)

³ Li et al., Science 16 Mar 2020:eabb3221 https://science.sciencemag.org/content/early/2020/03/24/science.abb3221 (Accessed 13APRIL2020)

⁴ Personal communications, UVA Health and Sentara (~500 VA based COVID patients) $13\mbox{-}\mathrm{Aug}\mbox{-}20$

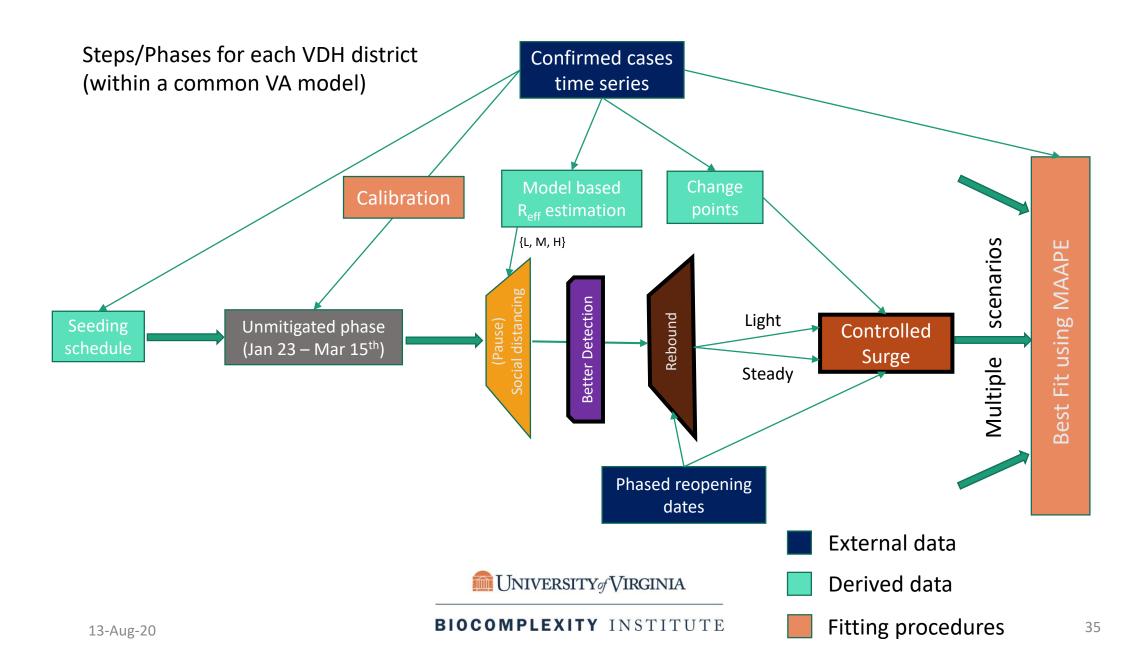
Calibration Approach

- Data:
 - County level case counts by date of onset (from VDH)
 - Confirmed cases for model fitting
- Model: PatchSim initialized with disease parameter ranges from literature
- Calibration: fit model to observed data
 - Search transmissibility and duration of infectiousness
 - Markov Chain Monte Carlo (MCMC) particle filtering finds best fits while capturing uncertainty in parameter estimates
- **Spatial Adjustments:** VDH districts grouped to 3 tiers of growth during the Pause, with similarly scaled reductions then applied to the groups of districts
- **Project:** future cases and outcomes using the trained particles



Accessed 10pm July 28, 2020 https://www.vdh.virginia.gov/coronavirus/

Forecasting by Projection Selection – VA COVID-19 Implementation



Eight Scenarios for Projection

Abbr	Rebound Intensity	Better Detection	Surge	Name
LR	Light	No	No	LightRebound
LR-S	Light	No	Yes	LightRebound-Surge
LR-BD	Light	Yes	No	LightRebound-BetterDetection
LR-BD-S	Light	Yes	Yes	LightRebound-BetterDetection-Surge
S	Steady	No	No	Steady
S-S	Steady	No	Yes	Steady-Surge
S-BD	Steady	Yes	No	Steady-BetterDetection
S-BD-S	Steady	Yes	Yes	Steady-BetterDetection-Surge

Allow "Best Fit" method to select from "Surge" scenarios



Historical Scenarios: Control

Pause from Social Distancing: Began on March 15th

- Lifted on May 15th (61 days), with two-week delay (75 days) for select counties*
- **Intensity**: Social distancing pauses and <u>significantly reduces case growth</u>, this level varies by VDH Health District and is fit through an analysis of growth rate during the Pause

Intensity of Rebound: Some districts rebounded following initial relaxation of Pause

- **Steady:** Intensity of effective mixing remains steady from Pause as infection control practices moderate increased interactions
- **Light:** Effective mixing returns to 1/6th of pre-pandemic levels
- **Full Rebound**: Interactions return completely (100%) to pre-pandemic levels, as a reference

Tracing and Isolation: Increased Testing Capacity coupled with infection control measures can limit the period of infectiousness without isolation

Better Detection: Observed relative reductions in days from onset to diagnosis applied to infectious period from (30% \rightarrow 45% \rightarrow 30%) and remain stable into future for projections



13-Aug-20

Ongoing Scenarios: Surge

Resurgence: Much of the nation experiencing a resurgence

- Many districts in the Commonwealth also showing a resurgence
- National: 28-day delay (avg) from relaxation to surge

Intensity of Surge: Difficult to predict with limited data

• **Strong Rebound:** Effective mixing returns 1/2 back to pre-pandemic levels

Timing of Surge: Past and Present

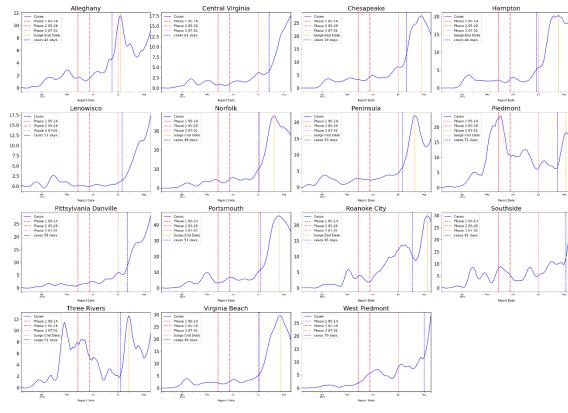
- Determine surging districts and timing "hockey stick" fit
- Default to July 29th, (28 days from July 1st) for districts not identified
- Surge duration limited by observed or estimated peak
- Return to pre-surge levels (scenario-specific)

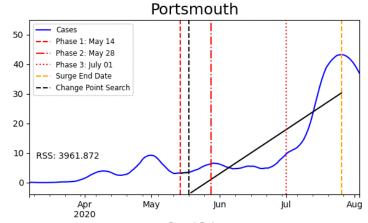
13 districts: Compared to 11 last week

In: Piedmont, Three Rivers, Prince William, Alleghany, Henrico

Out: Arlington, Pittsylvania-Danville, Rappahannock Rapidan







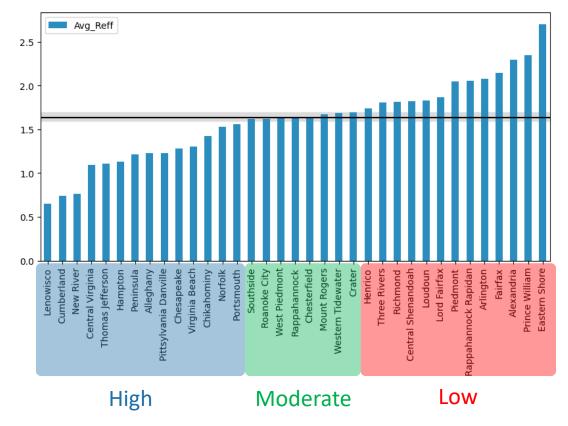
Spatial Adjustments at District Level

District Specific adjustments based on Growth

during Pause

 Group districts by their mean growth from mid-April to mid-May (using model based R_{eff})

- Assign reductions during Pause, and beyond, to members of these groups
- Low reduction = 40%
- Moderate reduction = 45% (previous level)
- High reduction = 55%



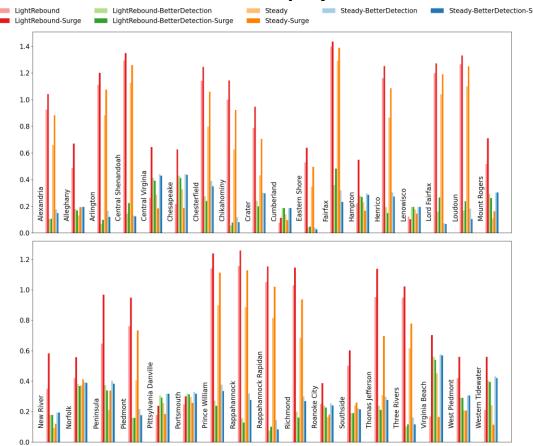
Previous Model Results

For consistency the BestFit based on the selection of the 8 scenarios are presented and provided in the data product, however, they will be phased out in the coming weeks



Selection of Best Fitting Projection

Recent incidence by district (last week) is measured against all eight projections, one with least error is selected as the "Best Fit" projection



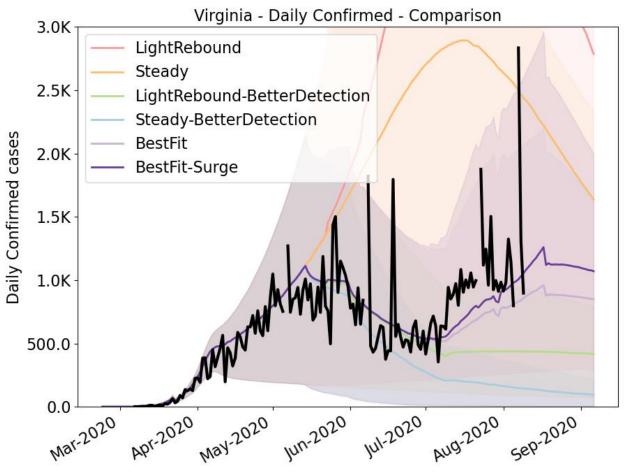
Abbr	Name	# of Districts (last wk)
LR	LightRebound	2 (4)
LR-S	LightRebound-Surge	1 (2)
LR-BD	LightRebound-BetterDetection	7 (7)
LR-BD-S	LightRebound-BetterDetection-Surge	8 (8)
S	Steady	6 (5)
S-S	Steady-Surge	6 (5)
S-BD	Steady-BetterDetection	1 (1)
S-BD-S	Steady-BetterDetection-Surge	4 (3)

- 19 districts have Surge projections as BestFit compared to 18 last week
- Relatively stable, slight movement towards higher incidence

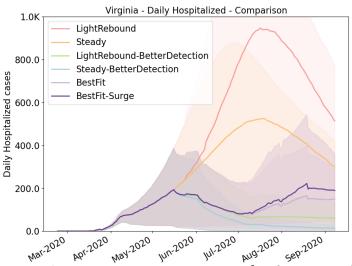


Outcome Projections

Confirmed cases

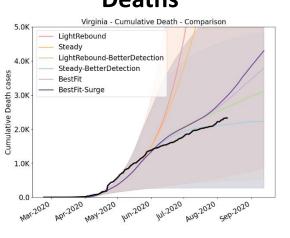


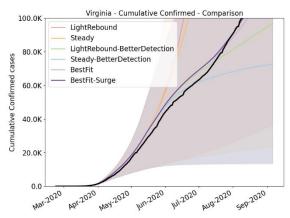
Hospital occupancy



Deaths

Cumulative Confirmed cases





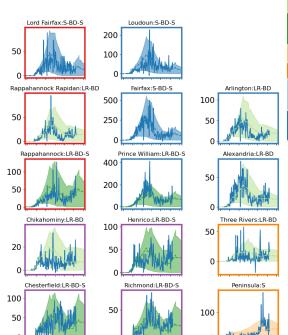
MUNIVERSITY of VIRGINIA

District Level Projections – Daily

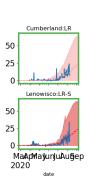
Best fitting projections by District

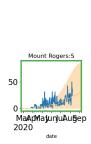
- Projections that best fit recent trends
- Daily confirmed cases by Region (blue solid) with simulation at the region level (black dotted)

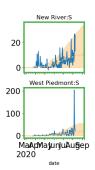
 Projection color consistent with other and abbreviated in title

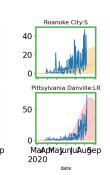


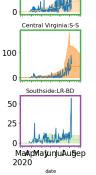
Abbr	Name	# of Districts (last wk)
LR	LightRebound	2 (4)
LR-S	LightRebound-Surge	1 (2)
LR-BD	LightRebound-BetterDetection	7 (7)
LR-BD-S	LightRebound-BetterDetection- Surge	8 (8)
S	Steady	6 (5)
S-S	Steady-Surge	6 (5)
S-BD	Steady-BetterDetection	1 (1)
S-BD-S	Steady-BetterDetection-Surge	4 (3)

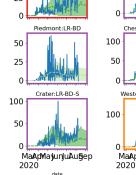


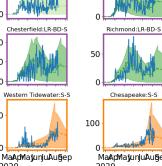


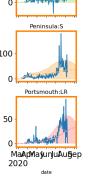


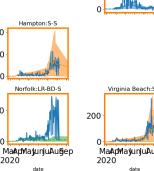


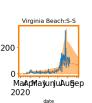










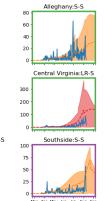


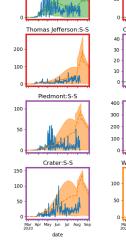


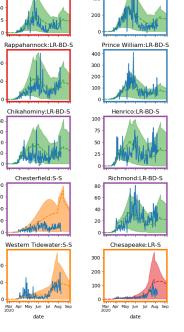
District Level Projections – Daily with Surge

Best fitting projections by District

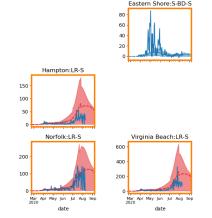
- Projections that best fit recent trends with Surge assumed for all districts
- Daily confirmed cases by Region (blue solid) with simulation at the region level (black dotted)
- Projection color consistent with other and abbreviated in title







Abbr	Name	# of Districts (last wk)
LR	LightRebound	2 (4)
LR-S	LightRebound-Surge	1 (2)
LR-BD	LightRebound-BetterDetection	7 (7)
LR-BD-S	LightRebound-BetterDetection- Surge	8 (8)
S	Steady	6 (5)
S-S	Steady-Surge	6 (5)
S-BD	Steady-BetterDetection	1 (1)
S-BD-S	Steady-BetterDetection-Surge	4 (3)





District Level Projections - Cumulative

2000

5000

1000

500

Best fitting projections by District

- Projections that best fit recent trends
- Daily cumulative confirmed cases by Region (blue solid) with simulation at the region level (black dotted)
- Projection color consistent with other and abbreviated in title

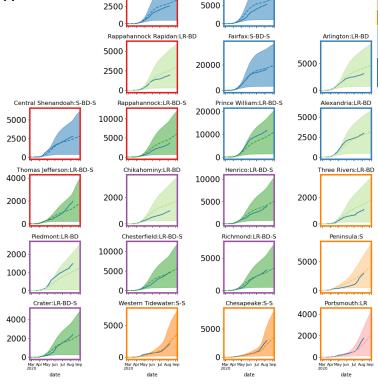
1000

2000

2000

1000

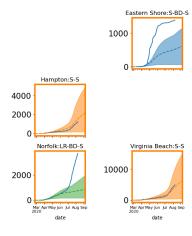
2000



Loudoun:S-BD-9

10000

Abbr	Name	# of Districts (last wk)
LR	LightRebound	2 (4)
LR-S	LightRebound-Surge	1 (2)
LR-BD	LightRebound-BetterDetection	7 (7)
LR-BD-S	LightRebound-BetterDetection- Surge	8 (8)
S	Steady	6 (5)
S-S	Steady-Surge	6 (5)
S-BD	Steady-BetterDetection	1 (1)
S-BD-S	Steady-BetterDetection-Surge	4 (3)





4000

2000

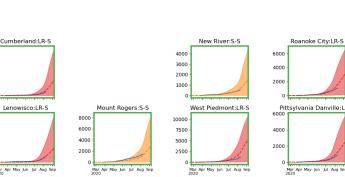
2000

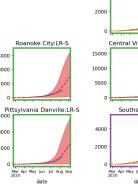
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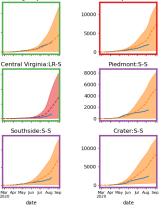
District Level Projections – Cumulative with Surge

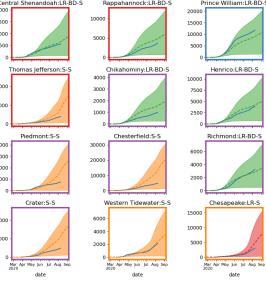
Best fitting projections by District

- Projections that best fit recent trends with Surge assumed for all districts
- Daily confirmed cases by Region (blue solid) with simulation at the region level (black dotted)
- Projection color consistent with other and abbreviated in title

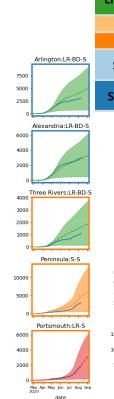




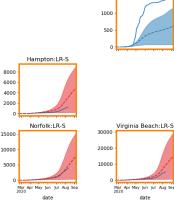




10000



Abbr	Name	# of Districts (last wk)
LR	LightRebound	2 (4)
LR-S	LightRebound-Surge	1 (2)
LR-BD	LightRebound-BetterDetection	7 (7)
LR-BD-S	LightRebound-BetterDetection- Surge	8 (8)
S	Steady	6 (5)
S-S	Steady-Surge	6 (5)
S-BD	Steady-BetterDetection	1 (1)
S-BD-S	Steady-BetterDetection-Surge	4 (3)

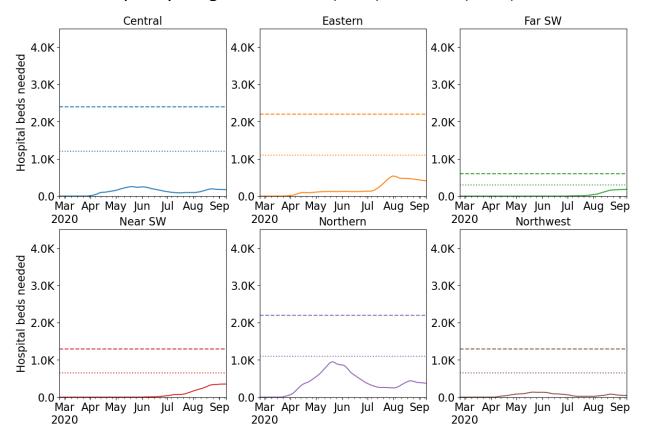




Hospital Demand and Capacity by Region

Capacities by Region – BestFit-Surge

COVID-19 capacity ranges from 80% (dots) to 120% (dash) of total beds



- Based on current best fits with controlled surge
 - Recent changes in case rates have reduced the likelihood of exceeding 80% capacity by end of August
 - However, multiple regions could potentially exceed capacity depending on fall scenarios
 - Will be re-evaluated when model horizons are updated
- Activity in neighboring states and reopening of schools/universities may make this more likely

* Assumes average length of stay of 8 days



Supplemental Slides



Recent Parameter Validation

New York State announced sero-prevalence survey results on May 2nd

- 15,000 antibody tests conducted randomly through the state at grocery stores
- Total Attack Rate: 12.3%

Estimation of undetected infections

- Total infections in NY = 2.46M, total of 300K confirmed cases
- Confirmed case detection = 12% of infections (close to 15% used in model)

Estimation of hospitalizations from infections

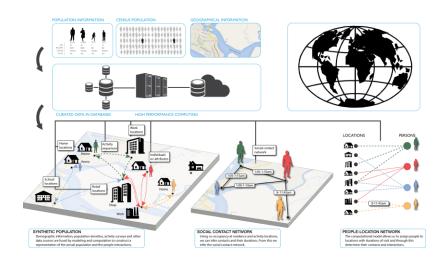
- Total infections in NY = 2.46M, total of 66K hospitalizations
- Hospitalizations = 2.7% of infections (close to 2.25% used in model)



Agent-based Model (ABM)

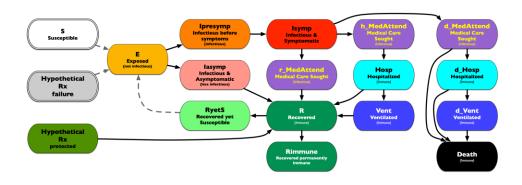
EpiHiper: Distributed network-based stochastic disease transmission simulations

- Assess the impact on transmission under different conditions
- Assess the impacts of contact tracing



Synthetic Population

- Census derived age and household structure
- Time-Use survey driven activities at appropriate locations



Detailed Disease Course of COVID-19

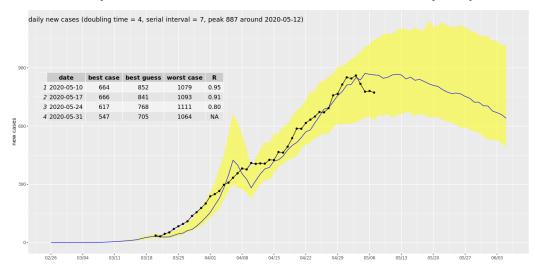
- Literature based probabilities of outcomes with appropriate delays
- Varying levels of infectiousness
- Hypothetical treatments for future developments



ABM Social Distancing Rebound Study Design

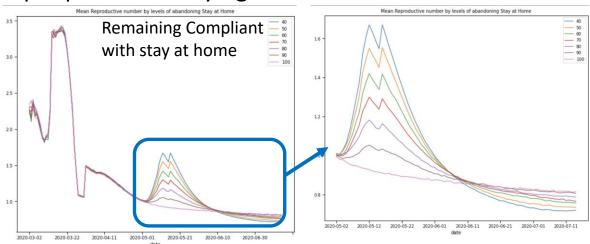
Study of "Stay Home" policy adherence

- Calibration to current state in epidemic
- Implement "release" of different proportions of people from "staying at home"



Calibration to Current State

- Adjust transmission and adherence to current policies to current observations
- For Virginia, with same seeding approach as PatchSim



Impacts on Reproductive number with release

- After release, spike in transmission driven by additional interactions at work, retail, and other
- At 25% release (70-80% remain compliant)
- Translates to 15% increase in transmission, which represents a 1/6th return to pre-pandemic levels



Medical Resource Demand Dashboard

https://nssac.bii.virginia.edu/covid-19/vmrddash/

